



Birth flowers are specific flowers **traditionally given** according to the month that a person is born. The months of the year are associated with **particular flowers**, a practice thought to have originated with **Romans celebrating birth** and birthdays. Their celebrations included an **honoring of Roman Gods** by decorating relics and memorials with flowers.



The **birth flower** for the month of May is the **Lily of the Valley (*Convallaria majalis*)**. The flower is also known in **Christian legend** as **Our Lady's tears** or **Mary's tears** from a story that the plant sprang up from the weeping of Mary during the crucifixion. In **Germanic mythology** the blooming of lily of the valley flower heralds the feast of the virgin goddess **Ostara** and symbolises life in Pagan legend.

In the **Victorian Era**, when etiquette **restricted free expression** of love or feelings of affection, the **presentation of flowers** evolved specific meanings which the suitor wished to convey. The meanings attributed to the sweet-pea are **modesty and simplicity**.

Want to give someone **May birthday flowers**? Call us on **353 (0)94 98 60658** or [contact us by email](#).