



**Birthflowers** are specific flowers which are traditionally given according to the month that a person is born. The tradition of giving **flowers as birthday gifts** began with the Romans. Each month is associated with a particular flower, which is believed to originate with Romans celebrating birth and birthdays by honoring their Gods and decorating relics and memorials with flowers.

The birth flower associated with the **month of March is the Daffodil**, also called the **Narcissus** or **jonquille**.

The Daffodil is a herbaceous perennial of the Amaryllis family. All Narcissus species have a **central trumpet-shaped corona** surrounded by a **ring of six petals** called the *perianth*.



There are a number of **popular derivations of the name**, a common one relates to the **Greek mythological Narcissus** who is said to have been obsessed with his own reflection and drowned in a pool of water as a result. In the mythology, the **Narcissus plant grew where he died**.

All Narcissus species are **poisonous**, containing the alkaloid *lycorine*. The toxin is largely contained in the bulb but is also present in the stem and leaves. It can be **fatal if eaten**

, so no part of the flower should be ingested. The bulbs can look like onions so there have been

cases of accidental poisoning.

Want to give someone **March birthday flowers**? Call us on **353 (0)94 98 60658** or [contact us by email](#).